[redacted]

Strands

	Welcome back ð goal setting		
	Study skills		
	Study skills		
	Preparing for mocks and managing stress		
	Managing stress & building resilience		
	Long term effects of drug abuse		
	Self-examination		
	Black History Month		

	Action Steps		
	How are you doing?		
	Careers Ideas		
	Qualifications		
	Qualifications and Equivalents		
	Apprenticeships		